

# Court Games Study Guide

## **Paddle Tennis**

**History:** Paddle tennis is a game adapted from [tennis](#) and played for over a century. Compared to tennis, the court is smaller and the net is lower. Paddle tennis is played with a solid paddle as opposed to a strung [racquet](#), and a depressurized tennis ball is used along with an underhand serve. The same court is used for both singles and doubles, with doubles being the dominant form of play. The smaller court size adds a strong emphasis and advantage to net play and creates a fast and reaction-based game.

**Scoring:** Only the team that is serving can score points. Games are played to either 11 or 21, and you have to win by two points. If the serving team wins the point, they continue serving. If the serving team loses the point, the other team takes over the serve and has a chance to score points.

## **Dodgeball**

**Dodgeball** is a game in which players on two teams try to throw balls at each other while avoiding being hit themselves. In North America, the game is typically played among children 6-12 in elementary school. However, internationally, the sport has also emerged as a popular middle school, high school and college sport and in some countries Universities also play the sport. It is also popular in informal settings and is often played on a playground, community or in organized recreational leagues.

There are many variations of the game, but generally the main objective of each team is to eliminate all members of the opposing team by hitting them with thrown balls, catching a ball thrown by a member of the opposing team, or forcing them to move outside the court boundaries when a ball is thrown at them.

## **Street Hockey**

**Street hockey** is a variation of the sport of ice hockey where the game is played outdoors on foot using a ball or puck. The object of the game is to score more goals than the opposing team by shooting the ball or puck into the opposing team's net. Since no pads are worn, contact is minimal and should be avoided.