

SANTA ANA UNIFIED SCHOOL DISTRICT

AR 6142.71

Instruction

Absence Excuses for Physical Education

All requests to be excused from physical education for medical reasons must be presented in writing. The following will be honored as temporary excuses:

1. A request by a parent or guardian will be honored up to and including three days.
2. A request by a licensed medical *advisor will be honored up to and including five weeks. (In high school, these students will be placed in the academic physical education program.)
3. A request by a **physician is necessary for an excuse to exceed five weeks.

All requests must state the diagnosis and length of time the student will need to be excused and is to be forwarded to the school nurse for processing. Requests for renewal may be required to be re-submitted on a quarterly basis at the discretion of the school nurse or the District's consultant physician. All requests must be submitted at the beginning of each school year.

*A licensed medical advisor is defined as a California resident licensed in this State as a:

Chiropractor
Dentist
M.D.
Osteopath
Podiatrist

**The State of California Business and Professions Code, Division 2, Chapter 5, states: A duly licensed physician and surgeon is one who is licensed by the State of California and which certificate authorizes the holder to use drugs or what are known as medical preparations in or upon human beings and to sever or penetrate the tissues of human beings and to use any and all other methods in the treatment of disease, injuries, deformities or other physical or mental conditions.

Approved: (9-76) 12-01

Santa Ana, CA