

Santa Ana Unified School District

High School Physical Education Requirements

The purpose of this form is to inform and notify students and parents and/or guardians of the high school physical education requirements provided by the state of California and the Santa Ana Unified School District that must be adhered to in order for students to be in compliance of the law and obtain the necessary credits to graduate from high school.

The State of California requires that each high school provides a course of study in physical education to pupils in any of grades 9 to 12, inclusive, that includes a developmentally appropriate sequence of instruction, including the effects of physical activity upon dynamic health, the mechanics of body movement, aquatics, gymnastics and tumbling, individual and dual sports, rhythms and dance, team sports, and combatives. (*EC* Section 51220[d] and *EC* Section 33352[b][7])

Physical Education Graduation Requirements:

SAUSD Graduation Requirements for Physical Education: 2 years (20 credits) BP 6146.1(a)

Permanent Exemption

SAUSD's Board of Education may grant "permanent exemption from courses in physical education if the pupil complies with any one of the following:

- Is 16 years of age or older and has been enrolled in grade 10 for one academic year or longer;
- Is enrolled as a postgraduate pupil;
- Is enrolled in a juvenile home, ranch, camp, or forestry camp school where pupils are scheduled for recreation and exercise pursuant to the requirements of Article 24 (commencing with Section 880) of Chapter 2 of Part 1 of Division 2 of the Welfare and Institutions Code." (Education Code Section 51241[c][1][2][3])

In order to apply for a Permanent PE Exemption, students must have successfully completed two years of Physical Education and meet one requirement stated above. If they do not meet the requirements students must be enrolled in a Physical Education class or Physical Education Elective.

Exemption Process

In the spring of 10th grade, students will be permitted to apply for the Physical Education Permanent Exemption waiver with their counselor while scheduling their classes for Fall of the next school year. If a student meets the requirements, the waiver will be submitted for Board approval. If a student does not meet the requirements they will be permitted to resubmit the waiver at the semester once the requirements have been met.

Students who are exempted in grades 11-12 will be offered a variety of elective physical education courses of not less than 400 minutes each 10 school days for which they may enroll.

Athletics

A student who is enrolled in a competitive athletics class may receive physical education credits. When a sport is not in its competitive season, a student must receive no less than 400 minutes each 10 school days of physical activity or sport specific training while enrolled in those courses regardless of grade level.