

Patient Workup

1. **Chief Complaint:** _____

2. **History of Chief Complaint:** (important points on present complaint)

a. _____

b. _____

c. _____

3. **Review of Systems:** (list known past or present medical conditions)

a. _____

b. _____

c. _____

4. **Examination:**

Wt = ____ lbs. Respirations: ____ /min Pulse: ____ /min

Blood Pressure: ____ / ____ Temperature = ____ ° F.

Heart: _____

Lungs: _____

Chest exam:

a. _____

b. _____

c. _____

d. _____

Why do you think the examination was limited to the chest area on this patient?

5. Differential Diagnosis:

6. Medical Tests: Which, if any, of the following tests would you have considered if Ed had returned to the office in two days with no change in his condition?

Disorder	Acute/ Chronic	Pain ↑ moving/ breathing	Swollen lymph nodes	Head aches	rash	Uni or bi- lateral	Stiff joints	Numb ness	blisters	Dia- rhea
Muscle strain	A	X				U				
Rib Fracture	A	X				U		X		
Fibromyalgia	C	X		X		U/B	X			X
Food poisoning	A		X	X						X
Lung Cancer	C	X	X							
Brachial plexus injury	A	X				U		X		
Shingles	A/C		X		X	U			X	X
Stroke	A/C					U		X		
Multiple sclerosis	C	X				U/B				

Summary of Available Tests to Consider and what information they can provide your medical investigation:

Which test(s) would be most appropriate at this time? (check any that apply)

- X-rays** of the chest and ribs
- MRI** of the chest and ribs
- Rib Biopsy**
- CBC** blood test
- Ultrasound** of chest and ribs
- Prescription** for pain medication

7. Treatment Options:

Which treatment would be most appropriate while waiting for test results:

- _____ **Emergency Surgery** to remove the painful rib.
- _____ **Radiation therapy** to kill any cancer that may be starting to grow in the rib.
- _____ **Prescription** for narcotic pain killer to allow patient to sleep for the next few nights until he returns for a progress check and more thorough examination.
- _____ **Prescriptions for all antibiotics** that work on the four most common organisms causing infections.
- _____ **No Treatment** until all tests come back with results on the cause of the pain.

8. Test Results

What were the X-ray results received from the radiologist?

9. Diagnosis: What is your Diagnosis?

What information led you to that diagnosis?

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10. Treatment Options:

Which treatment might you prescribe first? _____

Based on Ed's history and **symptoms** and your knowledge, is your step #1 treatment all that will be required? Yes NoAre there other treatment **modalities** that might be helpful in making your patient comfortable? Yes NoSelect the treatment(s) below that would give your patient the best chance for relief in the **acute phase** of this disease

X if yes Bland if no	Treatment	purpose
	Acetaminophen	Pain management
	Oral antibiotics	Stop bacterial infection
	Oral Anti-viral meds	Stop viral infection
	Oral Corticosteroids	Stop inflammatory response in body
	Antibiotic cream	Stop skin infection in blisters
	Steroid cream	Stop inflammation of skin

Can shingles spread from one person to another? If so, how?

Method of spreading	yes	no
Through the air		
Blister to skin contact with another person who has had chicken pox		
Blister to skin contact with another person who has not had chicken pox		
Touching contaminated object		
Sharing a glass		
Contact with contaminated blood		
Contact with contaminated urine		
Cannot be spread to others		