



# Seegerstrom High School

## Week of Welcome

### Aug 14 - Aug 18



## W.O.W. Monday Homeroom First

**Homeroom 8:30 - 9:00**

Per 1 9:06 - 9:57

Per 2 10:03 - 10:57

Per 3 11:03 - 11:54

Crimson Lunch	
1 <sup>st</sup> Sem - A, B, D	
2 <sup>nd</sup> Sem - C, E, PE	
<b>Lunch</b>	11:54 - 12:29
<b>Per 4</b>	12:35 - 1:26

Gold Lunch	
1 <sup>st</sup> Sem - C, E, PE	
2 <sup>nd</sup> Sem - A, B, D	
<b>Per 4</b>	12:00 - 12:51
<b>Lunch</b>	12:51 - 1:26

Per 5 1:32 - 2:23

Per 6 2:29 - 3:20

## W.O.W. Tuesday - Friday 8:30am Start & Homeroom

Per 0 7:30 - 8:23

Per 1 8:30 - 9:21

Per 2 9:27 - 10:21

**Homeroom 10:27 - 10:57**

Per 3 11:03 - 11:54

Crimson Lunch	
1 <sup>st</sup> Sem - A, B, D	
2 <sup>nd</sup> Sem - C, E, PE	
<b>Lunch</b>	11:54 - 12:29
<b>Per 4</b>	12:35 - 1:26

Gold Lunch	
1 <sup>st</sup> Sem - C, E, PE	
2 <sup>nd</sup> Sem - A, B, D	
<b>Per 4</b>	12:00 - 12:51
<b>Lunch</b>	12:51 - 1:26

Per 5 1:32 - 2:23

Per 6 2:29 - 3:20

## The Bell Schedules Look Different!

### Regular Bell Schedule

### Tuesday - Friday

Per 0 7:30 - 8:23

Per 1 8:30 - 9:27

Per 2 9:33 - 10:31

Per 3 10:37 - 11:35

**Lunches are in little boxes now.**  
**They're named after our school colors.**

Lunch is based off the period in the box.

If it is 1<sup>st</sup> semester and you have B Building for 4th, you will have **Crimson Lunch**. You will follow the times in that box and can ignore the Gold Lunch Box.

Crimson Lunch	
1 <sup>st</sup> Sem - A, B, D	
2 <sup>nd</sup> Sem - C, E, PE	
<b>Lunch</b>	11:35 - 12:10
<b>Per 4</b>	12:16 - 1:14

Gold Lunch	
1 <sup>st</sup> Sem - C, E, PE	
2 <sup>nd</sup> Sem - A, B, D	
<b>Per 4</b>	11:41 - 12:39
<b>Lunch</b>	12:39 - 1:14

Per 5 1:20 - 2:17

Per 6 2:23 - 3:20