



# Eagle News : January 2022

## A Message from Dr. Sequeida

**Happy New Year Villa Family! I am excited to welcome everyone to the second semester of the 2021-2022 school year. This semester is a fresh start for all students and a great opportunity to really grow as they prepare for the next grade level. Everyone should be setting goals and establishing a plan for accomplishing their goals. To stay motivated, it is a good idea for students to develop micro-goals that are essential in meeting a larger more challenging goal. We encourage all of our students to take advantage of the opportunities that lie ahead in the coming months. There is plenty of support available. Please reach out to one of our staff members for additional support as needed. Go Eagles!**

### AVID School-wide

**Villa students use AVID's 'focused note-taking' process when they take notes in their classes. It is a learned skill that reinforces learning that takes place inside the classroom. There are five phases in this process:**



- 1. Taking Notes**
- 2. Processing Notes**
- 3. Connecting Thinking**
- 4. Summarizing and Reflecting on Learning**
- 5. Applying Learning**

**Students campus-wide engage in this thought process so that note-taking becomes a powerful and portable learning tool they can carry with them throughout their educational career.**



**This month students will participate in MAP testing. The MAP test is one of several measures that we use to monitor student progress. January's MAP test will show us how students have grown in reading and math this school year. Students have been working on goal setting in their ELA and math classes. Additionally, our school counselors work with students, parents, and staff in helping students prepare and share tips on how to be ready for the test. For students to be at their best on test days, be sure your student gets plenty of rest, a good night's sleep, and eats a warm balanced breakfast every day. Have a conversation with your student about their test when your student gets home from school.**

## Counselors' Corner

**Welcome back Eagles! The counseling department continue to work diligently with Villa students by supporting them with their social-emotional, career/college, and academic development. In the month of January, the Counseling Growth mindset helps students understand that it is the belief that one's intelligence can be grown or developed with persistence, effort, and a focus on learning. Goal setting techniques help students plan for and act on their academic and personal goals. School counselors will have lunchtime activities, as well as supporting the monthly food market distribution, Villa parent University, and the Fundamental lottery meeting. During our "Meet Your Child's Counselor" meeting, counselors shared the school's monthly theme, MAP testing tips, and the SORA App where students can virtually check-out thousands of books. Interested in learning more about the Villa Counseling Department? Join us each first Wednesday of the month at 3:00 p.m. for our Meet Your Child's Counselor meeting. You can also visit Villa's website at [www.sausd.us/villa](http://www.sausd.us/villa) , and on Instagram @villa\_counselors\_sausd.**



## Villa's Instructional Program

**SAUSD in partnership with our BOE has adopted a new graduate profile. Schools across the district are identifying specific focus areas as part of our instructional plan. Villa's focus areas are ...**

- \* Demonstrate mastery in literacy, numeracy and reasoning to address complex real-world problems in an increasingly demanding 21st Century.**
- \* Develop skill sets in these areas: career, communication, cultural self-awareness, collaboration/teamwork, financial literacy and technology that help them compete/succeed locally and globally, now and in the future.**
- \* Have a confident spirit of inquiry and think of themselves as resilient, lifelong learners who have agency in their learning and achievement.**
- \* Are architects of their life and learning, experiencing autonomy while persisting in the development of their life's goals.**
- \* Adapt and persist to overcome academic and personal barriers to maintain a state of complete physical, mental, and social emotional well-being while achieving their full potential.**

### Restorative Practices at Home

**Maintaining and improving communication with our children can be challenging. This is especially true as children enter into adolescence. Implementing 'restorative practices' at home can help facilitate communication within the family and foster**



**positive relationships with our children. As parents and guardians there are times we experience challenging behavior from our children. It is in those moments that we can grow together and build trust regardless of the behavior at hand.**

**Try using restorative practices questions at home when you and your child are having difficulty by asking them:**

- 1. What happened?**
- 2. What were you thinking at the time?**
- 3. What have you thought about since?**
- 4. Who has been affected by what you have done? In what way or how?**
- 5. What do you think you need to do to make things right?**



**Meet our new TOSA (Teacher on Special Assignment)  
Jacqueline Matthews**

**Hello, I am Jacqueline Matthews, and I am so excited to be stepping into a new role here at Villa. This is my 5th year at Villa, where I have been teaching ELA and am half of the Speech and Debate coaching team. Although leaving the classroom was a challenging decision, I look forward to expanding my influence, working with even more students, teachers, and our administrative team. At Villa we support each other, we grow together, and we keep getting better; and I can't wait to continue doing all three of those things and more in my new capacity.**