



## PRE-K/TODDLER SCHOOL MENU



WEEK 1: 8/26, 9/9, 9/23, 10/7, 10/21

WEEK 2: 8/19, 9/2, 9/16, 9/30, 10/14, 10/28

**BREAKFAST & LUNCH INCLUDES: ASSORTED FRUIT, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & 1% WHITE MILK**

**SNACKS ARE PROVIDED TO FULL-DAY STUDENTS & ALWAYS SERVED WITH 1% WHITE MILK**

MON		TUE		WED <small>ALL ITEMS ARE PLANT-BASED ON WEDNESDAYS</small>		THU		FRI	
<b>WEEK 2</b>		<b>WEEK 1</b>		<b>WEEK 2</b>		<b>WEEK 1</b>		<b>WEEK 2</b>	
2 <b>LABOR DAY</b>		3 BREAKFAST <b>French Toast Bites</b>  LUNCH <b>Torta de Jamon</b>  SNACK <b>Apple Cinn. Bear Graham</b>		4 BREAKFAST <b>Bagel w/ Jam</b>  LUNCH <b>Veggie Dumplings</b>  SNACK <b>Vanilla Bear Graham</b>		5 BREAKFAST <b>Cinnamon Bread</b>  LUNCH <b>Nachos</b> <b>Cheeze It Crackers</b>  SNACK <b>Chocolate Bear Graham</b>		6 BREAKFAST <b>Breakfast Tamale</b>  LUNCH <b>Galaxy Cheese Pizza</b>  SNACK <b>Maple Waffle Graham</b>	
9 BREAKFAST <b>Honey Cheerios, 1oz with Assorted Grahams</b>  LUNCH <b>Mac &amp; Cheese</b> <b>Artisan Roll</b>  SNACK <b>Strawberry Waffle Graham</b>		10 BREAKFAST <b>Pancakes Bites</b>  LUNCH <b>Grilled Cheese Sandwich</b>  SNACK <b>Apple Cinn. Bear Graham</b>		11 BREAKFAST <b>Trix Cereal, 1oz with Assorted Grahams</b>  LUNCH <b>Chow Mein Bowl</b>  SNACK <b>Vanilla Bear Graham</b>		12 BREAKFAST <b>Banana Choc. Chip Bread</b>  LUNCH <b>Italian Pull-Aparts with Cheese</b>  SNACK <b>Chocolate Bear Graham</b>		13 BREAKFAST <b>Froot Loops Waffle</b>  LUNCH <b>Hamburger</b>  SNACK <b>Maple Waffle Graham</b>	
16 BREAKFAST <b>Yogurt Parfait</b> <b>with Assorted Grahams</b>  LUNCH <b>Bean &amp; Cheese Pupusa</b>  SNACK <b>Strawberry Waffle Graham</b>		17 BREAKFAST <b>French Toast Bites</b>  LUNCH <b>Torta de Jamon</b>  SNACK <b>Apple Cinn. Bear Graham</b>		18 BREAKFAST <b>Bagel w/ Jam</b>  LUNCH <b>Veggie Dumplings</b>  SNACK <b>Vanilla Bear Graham</b>		19 BREAKFAST <b>Cinnamon Bread</b>  LUNCH <b>Nachos</b> <b>Cheeze It Crackers</b>  SNACK <b>Chocolate Bear Graham</b>		20 BREAKFAST <b>Breakfast Tamale</b>  LUNCH <b>Galaxy Cheese Pizza</b>  SNACK <b>Maple Waffle Graham</b>	
23 BREAKFAST <b>Honey Cheerios, 1oz with Assorted Grahams</b>  LUNCH <b>Mac &amp; Cheese</b> <b>Artisan Roll</b>  SNACK <b>Strawberry Waffle Graham</b>		24 BREAKFAST <b>Pancakes Bites</b>  LUNCH <b>Grilled Cheese Sandwich</b>  SNACK <b>Apple Cinn. Bear Graham</b>		25 BREAKFAST <b>Trix Cereal, 1oz with Assorted Grahams</b>  LUNCH <b>Chow Mein Bowl</b>  SNACK <b>Vanilla Bear Graham</b>		26 BREAKFAST <b>Banana Choc. Chip Bread</b>  LUNCH <b>Italian Pull-Aparts with Cheese</b>  SNACK <b>Chocolate Bear Graham</b>		27 BREAKFAST <b>Froot Loops Waffle</b>  LUNCH <b>Hamburger</b>  SNACK <b>Maple Waffle Graham</b>	
30 BREAKFAST <b>Yogurt Parfait</b> <b>with Assorted Grahams</b>  LUNCH <b>Bean &amp; Cheese Pupusa</b>  SNACK <b>Strawberry Waffle Graham</b>		OCT 1 BREAKFAST <b>French Toast Bites</b>  LUNCH <b>Torta de Jamon</b>  SNACK <b>Apple Cinn. Bear Graham</b>		OCT 2 BREAKFAST <b>Bagel w/ Jam</b>  LUNCH <b>Veggie Dumplings</b>  SNACK <b>Vanilla Bear Graham</b>		OCT 3 BREAKFAST <b>Cinnamon Bread</b>  LUNCH <b>Nachos</b> <b>Cheeze It Crackers</b>  SNACK <b>Chocolate Bear Graham</b>		<b>SAUSD SUPPORTS LOCAL CALIFORNIA FAMILY FARMS. SELECT DAYS WILL FEATURE FARM FRESH PRODUCE.</b>	



**HOMEMADE  
ELEMENTS**

**\*TUESDAYS AFTER A HOLIDAY  
WILL FOLLOW MONDAY  
MENU**

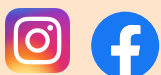
**\*All cereals are Reduced  
Sugar: ≤6 grams**



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Menu is subject to change without notice. This institute is an equal opportunity provider.