





**HIGH SCHOOL MENU**

**AUGUST - OCTOBER**  
**WEEK 1**  
 8/26, 9/9, 9/23, 10/7,  
 10/21



**MONDAY**





**BREAKFAST**  
 **BERRY VANILLA SMOOTHIE**  
**PAN DULCE**


**LUNCH**  
  **TAMALE**  **SPICY TORPEDO WRAP**

**TUESDAYS AFTER A HOLIDAY WILL FOLLOW MONDAY MENU**




**TUESDAY**





**BREAKFAST**  
 **EGG & CHEESE BISCUIT SANDWICH**  
 **CINNAMON ROLL**

**LUNCH**  
  **CHEESE PIZZA**  
 **MARINARA MEATBALL SUB**  
**SPICY CHICKEN SALAD** 

 **PLANT BASED**


**WEDNESDAY**

**BREAKFAST**  
 **BAGEL W/ JAM**   
 **HORCHATA OATS**

**LUNCH**  
  **DUMPLINGS W/ BROCCOLI**  
**GARDEN VEGGIE SALAD**   
 **PB&J SANDWICH**

**THURSDAY**

**BREAKFAST**  
 **BERRY VANILLA SMOOTHIE**  
**FROOT LOOPS WAFFLE**

**LUNCH**  
  **CHEESE & VEG SUB**   
  **BBQ CHICKEN SALAD**  
**HAMBURGER**  
**CHEESEBURGER**

**FRIDAY**

**BREAKFAST**  
**MINI MAPLE PANCAKES**  
**CINNAMON BREAD** 

**LUNCH**  
  **SPICY CHICKEN SANDWICH**  
  **ULTIMATE NACHOS**  
**CHICKEN CHOW MEIN BOWL** 

 = HOMEMADE ELEMENTS

 = SAHS DISH-UP

\*ALLOWABLE 2ND ITEMS DENOTED IN BLACK FONT

*Offered Daily*

**BREAKFAST:**  
 ASSORTED FRUIT, AND  
 ASSORTED MILK

**LUNCH:**  
 ASSORTED FRUIT AND  
 VEGGIES, AND  
 ASSORTED MILK

Full Entree Salad Bar  
 Offered Daily as an  
 Additional Lunch Option 

 **Variety Cereal Offered Daily**

**Menu Updates**

click here 

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