



## PRE-K/TODDLER SCHOOL MENU



WEEK 1: 8/26, 9/9, 9/23, 10/7, 10/21  
WEEK 2: 8/19, 9/2, 9/16, 9/30, 10/14, 10/28

**BREAKFAST & LUNCH INCLUDES: ASSORTED FRUIT, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & 1% WHITE MILK**  
**SNACKS ARE PROVIDED TO FULL-DAY STUDENTS & ALWAYS SERVED WITH 1% WHITE MILK**

|            |            |  |            |            |
|------------|------------|--|------------|------------|
| <b>MON</b> | <b>TUE</b> | <b>WED</b><br><small>ALL ITEMS ARE PLANT-BASED ON WEDNESDAYS</small> | <b>THU</b> | <b>FRI</b> |
|------------|------------|--|------------|------------|

**\*1ST WEEK OF SCHOOL WILL FOLLOW A MODIFIED MENU- PLEASE SEE INTERACTIVE MENUS ONLINE FOR DETAILS\***

**SAUSD SUPPORTS LOCAL CALIFORNIA FAMILY FARMS. SELECT FRIDAYS WILL FEATURE FARM FRESH PRODUCE.**



**MODIFIED WEEK 1**

**BREAKFAST** <sup>12</sup>

**Honey Cheerios, 1oz with Assorted Grahams**

**LUNCH**

**Ham & Cheese Sandwich**

**SNACK**

**Strawberry Waffle Graham**

**BREAKFAST** <sup>13</sup>

**Chocolate Chip Muffin Top with Assorted Grahams**

**LUNCH**

**Grilled Cheese Sandwich**

**SNACK**

**Apple Cinn. Bear Graham**

**BREAKFAST** <sup>14</sup>

**French Toast Sticks**

**LUNCH**

**Kickin' Nuggets w/ Corn Artisan Roll**

**SNACK**

**Vanilla Bear Graham**

**BREAKFAST** <sup>15</sup>

**Blueberry Muffin Top with Assorted Grahams**

**LUNCH**

**Shredded Beef Burrito**

**SNACK**

**Chocolate Bear Graham**

**BREAKFAST** <sup>16</sup>

**Yogurt Parfait with Assorted Grahams**

**LUNCH**

**Galaxy Cheese Pizza**

**SNACK**

**Maple Waffle Graham**

**WEEK 2**

**BREAKFAST** <sup>19</sup>

**Yogurt Parfait with Assorted Grahams**

**LUNCH**

**Bean & Cheese Pupusa**

**SNACK**

**Strawberry Waffle Graham**

**BREAKFAST** <sup>20</sup>

**French Toast Bites**

**LUNCH**

**Torta de Jamon**

**SNACK**

**Apple Cinn. Bear Graham**

**BREAKFAST** <sup>21</sup>

**Bagel w/ Jam**

**LUNCH**

**Veggie Dumplings**

**SNACK**

**Vanilla Bear Graham**

**BREAKFAST** <sup>22</sup>

**Cinnamon Bread**

**LUNCH**

**Nachos Cheez It Crackers**

**SNACK**

**Chocolate Bear Graham**

**BREAKFAST** <sup>23</sup>

**Breakfast Tamale**

**LUNCH**

**Galaxy Cheese Pizza**

**SNACK**

**Maple Waffle Graham**

**WEEK 1**

**BREAKFAST** <sup>26</sup>

**Honey Cheerios, 1oz with Assorted Grahams**

**LUNCH**

**Mac & Cheese Artisan Roll**

**SNACK**

**Strawberry Waffle Graham**

**BREAKFAST** <sup>27</sup>

**Pancakes Bites**

**LUNCH**

**Grilled Cheese Sandwich**

**SNACK**

**Apple Cinn. Bear Graham**

**BREAKFAST** <sup>28</sup>

**Trix Cereal, 1oz with Assorted Grahams**

**LUNCH**

**Chow Mein Bowl**

**SNACK**

**Vanilla Bear Graham**

**BREAKFAST** <sup>29</sup>

**Banana Choc. Chip Bread**

**LUNCH**

**Italian Pull-Aparts with Cheese**

**SNACK**

**Chocolate Bear Graham**

**BREAKFAST** <sup>30</sup>

**Froot Loops Waffle**

**LUNCH**

**Hamburger**

**SNACK**

**Chocolate Bear Graham**

**WEEK 2**

<sup>2</sup>

**LABOR DAY**

**BREAKFAST** <sup>3</sup>

**French Toast Bites**

**LUNCH**

**Torta de Jamon**

**SNACK**

**Apple Cinn. Bear Graham**

**BREAKFAST** <sup>4</sup>

**Bagel w/ Jam**

**LUNCH**

**Veggie Dumplings**

**SNACK**

**Vanilla Bear Graham**

**BREAKFAST** <sup>5</sup>

**Cinnamon Bread**

**LUNCH**

**Nachos Cheez It Crackers**

**SNACK**

**Chocolate Bear Graham**

**BREAKFAST** <sup>6</sup>

**Breakfast Tamale**

**LUNCH**

**Galaxy Cheese Pizza**

**SNACK**

**Maple Waffle Graham**



**\*TUESDAYS AFTER A HOLIDAY WILL FOLLOW MONDAY MENU**

**\*All cereals are Reduced Sugar: ≤6 grams**



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