

COVID-19: KNOW THE SYMPTOMS

Symptoms of COVID-19 can include the following:



Cough



Fever or chills



Headache



Fatigue (feeling tired),
muscle or body aches



Shortness of breath or
trouble breathing



Sore throat



Nausea, vomiting,
or diarrhea



Congestion or
runny nose



New loss of taste
or smell

Symptoms can appear 2-14 days after exposure.

There can be other symptoms of COVID-19. If you develop symptoms, stay home so you don't infect others. Monitor your symptoms carefully. If symptoms get worse, call your healthcare provider (doctor) immediately and let them know you may have COVID-19. For medical emergencies, call 911.



FREE COVID-19 TESTING

If you think you or someone at home or work has COVID-19 and would like to get tested, visit ohealthinfo.com/covidtest to find where you can get tested.

COVID-19 RESOURCES

For more information on help with getting food, losing a job, trouble paying rent, or getting medical care, visit together.ocgov.com.

For more COVID-19 information, please visit www.ohealthinfo.com/novelcoronavirus or call the OC Health Care Agency's Health Referral Line at (800) 564-8448.