**Attention all parents and students.**Starting 2022-23 school year, ANY student who wishes to participate in afterschool sports will need a ***SPORT PHYSICAL***before they can participate. Located below is all the information you need to complete your student's registration, including the SPORT PHYSICAL FORM you can give to your doctor.

**Please complete the online registration to participate in any sport this season:**

1. On-line Registration (parents please use your email when creating an account, not your student)

* [Homecampus](https://www.homecampus.com/)
* [How to use Home Campus "Video"](https://youtu.be/eKivobMSmEE)
* [Home CAMPUS parent handout](https://mcusercontent.com/4d3abec81c29e6276918ea871/files/c5bc8135-965a-b9ae-e365-cdcee533c142/CIF2.0ACUserHandout.pdf)
* Please input all information.
* The website will ask about your child's high school graduation date. You may use the dates below.
	+ 6th grade = 2029
	+ 7th grade = 2028
	+ 8th grade = 2027
* When you complete the registration, an email will be sent notifying you of any updates regarding your clearance status. Please contact the Sierra Prep Intermediate Athletic Department with any questions regarding the status of your clearance.

2. [Blank Student SPORT PHYSICAL FORM](https://www.sausd.us/cms/lib/CA01000471/Centricity/Domain/6865/Student%20Physical%20Form.pdf)

* If you cannot print the form at home, forms can be picked up in the front office or from the coaches.
* Some doctors will complete the physical using their own form. This form will be accepted.
* Upload your physical form to HomeCampus.com or have your child give it to their coaches.
* All physicals must be completed after May 1, 2022.
* NOTE: sport physicals are different from your child's annual physical.
	+ A sports physical is different than the annual physical because it focuses on reviewing your child’s current health status and medical history to ensure that your child is healthy enough to play his or her sport.
	+ The annual physical will be accepted as well.

3. **All student athletes must have medical insurance.** If you do not have insurance, please refer to the document below for more information on how to obtain third party insurance.

* [Medical in English](https://www.sausd.us/cms/lib/CA01000471/Centricity/Domain/6865/Medical%20On-Line%20Enrollment%20instructions.pdf)
* [Medical in Spanish](https://www.sausd.us/cms/lib/CA01000471/Centricity/Domain/6865/Medical%20On-Line%20Enrollment%20instructions%20Spanish.pdf)

4. If you have questions, please either call the school or email Mr. Rodriguez Richard.rodrigueziii@sausd.us.

Sport Physical Locations

Here are some locations that our High School Athletes go for sports physicals.  These locations do charge a minimal fee for these physicals. If a student wants to see their doctor for a wellness exam they may do a sports physical at the same time (this is actually most ideal so students can have it covered by their insurance). However, a wellness exam itself IS NOT a sports physical. Sports Physicals are not covered by insurance. Students must return with a sports physical form from the clinic or doctor that they see.  All sports Physicals must have been completed after May 1st for them to be cleared for the 22-23 school year. Below are a few places they may go for a sports physical:

**\*\*\*\*Carbon Health:**1421 W MacArthur Blvd, e, Santa Ana, CA, 92704 or 3195 Harbor Blvd, Costa Mesa, CA, 92626

      ONLINE Scheduling and Walk Ins Welcome- $35 - ALREADY HAS COPIES OF OUR SPORTS PHYSICALS

**XPress Urgent Care:** 131 E. 17th St. Costa Mesa, CA 92627 or 17612 E. 17th Street Tustin, CA 92780

ONLINE Scheduling and Walk Ins Welcome- $35

**OC Urgent Care**: 2001 E 4th St #104, Santa ANA · (657) 230-7800

Call to Schedule: $65

**CVS MinuteClinic:** 14330 Culver Drive, Irvine, CA 92604

Go online to schedule: [https://www.cvs.com/minuteclinic/clinic-locator/ca/irvine/specialty/sports-physicals-9497.html  (Links to an external site.)](https://www.cvs.com/minuteclinic/clinic-locator/ca/irvine/specialty/sports-physicals-9497.html) $69