

PHYSICAL EDUCATION GRADING POLICY



50% ACTIVE PARTICIPATION AND SOCIAL SKILLS

Daily best effort! Be prepared for class, active daily full participation. Participates daily; in class warm-ups, stretching and cardiovascular fitness. Participates daily; in skill work and class activity. Uses appropriate social skills, behavior and language. Positive attitude and interaction with others, displays leadership qualities, good teamwork and sportsmanship, participates in groups and as an individual, encourages others, and employs cooperative learning strategies for conflict resolution.

30% FITNESS AND SKILL COMPONENT

Develop an understanding of motor skills and movement knowledge. Transfer and applies skills learned through the introduction of rules and history of sports and games. Performance and improvement on fitness testing, performance and improvement on weekly mile & half mile runs, setting and achieving personal fitness goals. Understanding of fitness concepts, nutrition & wellness, biomechanics, personal assessment.

20% ASSESSMENT (CLASS WORK/HOMEWORK/PROJECTS/TESTS)

Students must complete all assigned class work. Students must complete all assigned homework. Students will be assigned and must complete one computer generated project per semester. All assignments and projects must be turned in on time for full credit. Assignments and projects will be checked for correctness and completion. Quizzes and tests on sport rules, strategies and history. Performance tests and observations in a variety of physical activities.

CITIZENSHIP GRADING SCALE

Students will receive one of the following marks: O-Outstanding, S-Satisfactory, N-Needs Improvement, and U-unsatisfactory)

Citizenship grades are based upon:

1. Acceptable behavior with your teacher, other staff members, and classmates
2. Positive attitude, effort, following directions and class expectations
3. Respecting others and school property, use of appropriate language
4. Attendance/tardies.